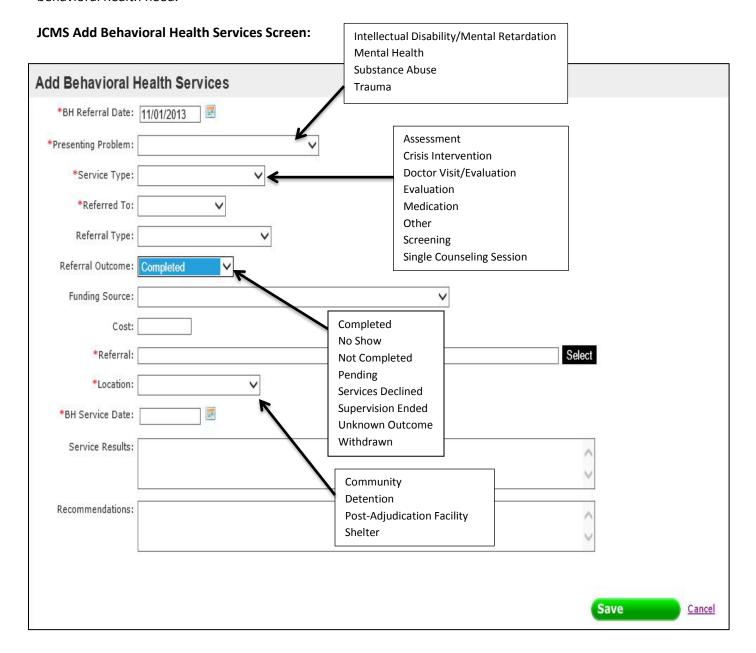


Behavioral Health Services

Behavioral Health Services Table:

The behavioral health services tab should be used to record mental health, substance abuse, trauma and intellectual disability/MR referrals and services provided to juveniles under the jurisdiction of the juvenile probation department. Behavioral health services are one-time events, not associated with a program, which provide help, assistance or support to a juvenile with a suspected or confirmed behavioral health need.



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TEXAS JUVENILE*JUSTICE DEPARTMENT

Behavioral Health Definitions

<u>BH Referral Date</u>: The date a youth is referred for behavioral health services. Behavioral health services address mental health, substance abuse, intellectual disability or trauma related needs. The referral can be either within or outside of the juvenile probation department. (NOTE: Referrals to a behavioral health program should be entered on the program table, not in the behavioral health services table.)

<u>Presenting Problem</u>: The presenting problem indicates why the juvenile is being referred to, or is receiving, behavioral health services. Presenting problems include: mental health, substance abuse, intellectual disability/mental retardation and trauma.

- Intellectual Disability/MR select as the presenting problem if the primary reason for the behavioral health service is to determine if or provide a service to a juvenile who has below average intellectual functioning and adaptive behaviors. A person with an IQ of 70 or below or who has scored two or more standard deviations below the mean on a standardized test of cognitive ability is generally considered to have below average intellectual functioning. In addition, the person must exhibit deficits in at least two areas of adaptive behavior. Adaptive behaviors are a combination of conceptual, social and practical skills that include language/literacy, number concepts, interpersonal skills, social responsibility, problem solving, the ability to follow rules, ability to complete daily living activities (personal care), safety, and occupational skills.
- Mental Health select as the presenting problem if the primary reason for the behavioral health service is to determine if or provide a service to a juvenile who has a mental health diagnosis or an identified mental health need.
- Substance Abuse select as the presenting problem if the primary reason for the behavioral health service is to determine if or provide a service to a juvenile who has substance use or substance abuse related needs.
- Trauma select as the presenting problem if the primary reason for the behavioral health service is
 a direct result of the juvenile experiencing suspected or confirmed, ongoing or past trauma, or a
 diagnosis of post-traumatic stress disorder. Trauma is defined as an emotional response to an event
 or situation that causes great distress and disruption. An example of a definite indicator of trauma
 as the presenting problem would be if the juvenile is referred for an assessment or evaluation that
 specializes in identifying trauma.

<u>Service Type</u>: Select the option that indicates the type of behavioral service the youth was referred to and/or received.

- Assessment The process of determining a juvenile's clinical diagnosis and/or level of chemical dependency. Completed by a masters-level mental health provider. See TAC 343.100, Behavioral Health Assessment.
- Crisis Intervention emergency one-time psychological/mental health, substance abuse, trauma or intellectual disability service aimed at assisting and stabilizing an individual in a crisis situation.
- *Doctor Visit/Evaluation* Visit to a doctor to determine a juvenile's need for mental health or substance abuse services, to review or issue prescribed medications, or for any other behavioral health related service. This does not include doctor visits related to physical sickness or ailments.

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TEXAS JUVENILE*JUSTICE DEPARTMENT

Behavioral Health Definitions

- Evaluation The process of determining a juvenile's clinical diagnosis and/or level of chemical dependency. Completed by a doctoral-level psychologist or psychiatrist, evaluations include a clinical interview, psycho-social evaluation, and review of files associated with the juvenile.
- Medication The provision of medicine and/or the purchase of a prescription for a juvenile to address a behavioral health diagnosis, including medicine for ADHD.
- Other A mental health, intellectual disability, trauma, or substance abuse service to which a juvenile is referred that does not meet any of the other Service Type criteria.
- Screening The process of determining mental health, trauma, intellectual disability or chemical
 dependency needs in juveniles. Screenings are routinely universal, offered to all youth in a given
 population, e.g., entering detention. The outcome of a screening may lead to an in-depth
 assessment or evaluation.
- Single Counseling Session One-time counseling sessions designed to treat a juvenile's short-term behavioral health needs. Sessions may result in a referral to long-term counseling that should be entered on the program table.

<u>Referred To</u>: Select the name of the provider. All Behavioral Health providers must first be entered in Maintenance/Behavioral Health Providers.

Referral Outcome: Indicates what happened with the referral.

- Completed Youth was referred to service; youth attended and service was delivered. (Note: When a service has the outcome of completed, a Service Date and Funding Source should be entered.)
- No Show –Youth was referred to service; but did not start the service.
- Not Completed Youth was referred to service; youth did not attend and/or service was not delivered.
- Pending Youth was referred to service; date of service is scheduled but youth has not attended and service has not been delivered.
- Services Declined—Youth was referred to service; but the services were not accepted by the youth.
- Supervision Ended –Youth was referred to service; youth attended but supervision ended before the service was completed.
- *Unknown Outcome* Youth was referred to service; it is not known if the youth attended or if the service was delivered.
- Withdrawn—Youth was referred to service; youth attended but was withdrawn from the service before it was completed.

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<u>Funding Source</u>: Indicate the type of funding used to provide the behavioral health service. If more than one type of funding was used, indicate the primary funding source for the service. (NOTE: Do not blend Grant N funds with funding from another source.)

<u>Cost</u>: Enter the cost of the screening, assessment, evaluation or service. (optional)

<u>Referral Number (Referral)</u>: The referral number for the most recent referral received by the youth. If the youth is under supervision at the time of the behavioral health referral and/or service, use the referral number associated with that supervision.

Location: Indicates where the juvenile is supervised at the time the service is delivered.

- Community juvenile is residing and supervised in the community at the time services are delivered.
- Detention juvenile is detained in a pre-adjudication or hold over facility at the time services are delivered.
- Post-Adjudication Facility juvenile is residing in a post-adjudication facility at the time services are delivered.
- Shelter juvenile is residing in an emergency shelter at the time services are delivered.

<u>BH Service Date:</u> The date on which the juvenile received the service to which they were referred. If no date is provided with service records, use the date the probation department was made aware of the service outcome. Only those services with a service date will count toward performance measures. (Note: BH Service Date must be entered when the Referral Outcome of "Completed" is entered.)

Service Results and Recommendations: Optional text fields for department use.

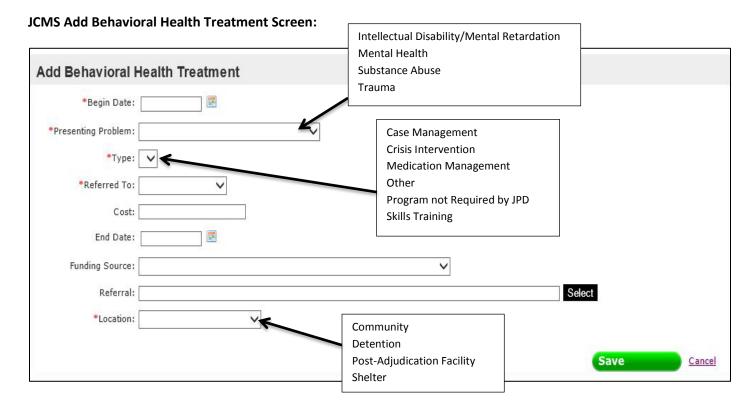
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Behavioral Health Treatment

Behavioral Health Treatment Table:

The behavioral health treatment table should be used to record mental health, substance abuse, trauma, and intellectual disability/MR treatment provided to juveniles under the jurisdiction of the juvenile probation department. Treatment does not have to be the result of a referral from the juvenile probation department. Behavioral health treatment is care intended for or used to remedy a behavioral health problem. Treatment occurs over time (not a single event), does not have a curriculum, and is not a program.



Begin Date: Date behavioral health treatment began.

<u>Presenting Problem</u>: The presenting problem indicates why the juvenile is receiving behavioral health treatment. Presenting problems include: mental health, substance abuse, intellectual disability/mental retardation and trauma.

• Intellectual Disability/MR - select as the presenting problem if the primary reason for the behavioral health treatment is to provide care to a juvenile who has below average intellectual functioning and adaptive behaviors. A person with an IQ of 70 or below or who has scored two or more standard deviations below the mean on a standardized test of cognitive ability is generally considered to have below average intellectual functioning. In addition, the person must exhibit deficits in at least two areas of adaptive behavior. Adaptive behaviors are a combination of conceptual, social and practical skills that include language/literacy, number concepts, interpersonal skills, social

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TEXAS JUVENILE*JUSTICE DEPARTMENT

Behavioral Health Definitions

responsibility, problem solving, the ability to follow rules, ability to complete daily living activities (personal care), safety, and occupational skills.

- Mental Health select as the presenting problem if the primary reason for the behavioral health treatment is to provide care to a juvenile who has a mental health diagnosis or an identified mental health need.
- Substance Abuse select as the presenting problem if the primary reason for the behavioral health treatment is to provide care to a juvenile who has substance use or substance abuse related needs.
- Trauma select as the presenting problem if the primary reason for the behavioral health treatment is a direct result of the juvenile experiencing suspected or confirmed, ongoing or past trauma, or a diagnosis of post-traumatic stress disorder. Trauma is defined as an emotional response to an event or situation that causes great distress and disruption.

Type: Indicates the behavioral health treatment in which the youth is participating.

- Case Management The coordination of community services and care for mental health, intellectual
 disability, trauma, or substance abuse patients. Case Management allocates a professional to be
 responsible for the assessment of need, identification of service location, and implementation of
 care plans. For juveniles under the jurisdiction of a juvenile probation department, Case
 Management includes helping the youth succeed under supervision and participate in required
 programming and scheduled appointments.
- Crisis Intervention Emergency psychological/mental health care aimed at assisting and stabilizing
 individuals in a crisis situation. Treatment for crisis intervention differs from a crisis intervention
 service in duration. Crisis Intervention Treatment will occur more than once while a crisis
 intervention service will be a one-time event.
- Medication Management The monitoring of medications that a juvenile takes to confirm that he or she is complying with a medication regime while also ensuring that they are avoiding potentially dangerous drug interactions and other complications. Medications being monitored should include at least one behavioral health related prescription, including medicine for ADHD.
- Other A mental health, intellectual disability, trauma, or substance abuse treatment which does not meet any of the other treatment type criteria.
- Program Not Required by JPD- Juvenile is participating in counseling or other non-departmental, community-based programming but participation is not required as a condition of supervision by the juvenile probation department.
- Skills Training Involves rehabilitative mental health/behavioral health interventions designed to
 reduce cognitive and behavioral impairments and restore recipients to their highest level of
 functioning. Skills Training supports and treats youth with mental health, substance abuse and
 intellectual disability diagnoses by working on specific, individualized treatment goals that focus on
 the youth's unique emotional and behavioral needs. Skills Training may include basic living and self-

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care skills, social skills, communication skills, organization and time management skills, and transitional living skills.

<u>Referred To</u>: Select the name of the provider. All Behavioral Health providers must first be entered in Maintenance/Behavioral Health Providers.

<u>Cost</u>: Enter the cost of the behavioral health treatment. (optional)

End Date: Date behavioral health treatment ended.

<u>Funding Source</u>: Indicate the type of funding used to provide the behavioral health treatment. If more than one type of funding was used, indicate the primary funding source for the treatment.

<u>Referral Number (Referral)</u>: The referral number for the most recent referral received by the youth. If the youth is under supervision at the time of the behavioral health treatment, use the referral number associated with that supervision.

<u>Location</u>: Indicates where the juvenile is supervised at the time the behavioral health treatment is delivered

- Community juvenile is residing and supervised in the community at the time treatment is delivered.
- Detention juvenile is detained in a pre-adjudication or hold over facility at the time treatment is delivered.
- Post-Adjudication Facility juvenile is residing in a post-adjudication facility at the time treatment is delivered.
- Shelter juvenile is residing in an emergency shelter at the time the service is delivered.

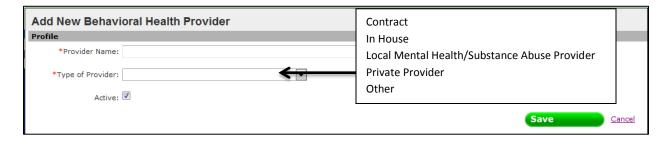
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Behavioral Health Providers

Behavioral Health Providers

Before a behavior health provider can be added to juvenile records, they must be set up under maintenance. Go to Maintenance and click on Behavioral Health Providers and click on 'Add New'.



Provider Name: Enter the Behavioral Health Provider's name.

<u>Type of Provider</u>: Indicate the appropriate Type of Provider for this Provider.

- Contract A provider under contract with the department to provide services to juveniles under the
 department's jurisdiction including agencies the department is partnering with as a result of a grant.
 The contract should include an agreement to provide services. Services may be provided at no
 charge to the department. If the department is contracting with the local MHMR or governmental
 agency providing mental health or substance abuse services, type of provider should be entered as
 "contract provider".
- In-House An employee of the juvenile probation department.
- Local Mental health/Substance Abuse Provider The local mental authority or the local governmental agency responsible for providing state/county funded substance abuse treatment.
- Private Provider A mental health, trauma, intellectual disability, or chemical dependency provider
 to which a juvenile has been referred but who is not under contract with the department, will not be
 paid by the department for the service, and/or is not working for the local MH/MR Substance Abuse
 provider.
- Other A service provider not defined as a contract provider, in-house staff, local MH/substance abuse provider or private provider.

Active: If the provider is active, check the box.

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